

Registration Form

To register:

1. Mail this form to: COACH TOM SHAW
Tom Shaw Performance
719 English Lake Drive
Winter Garden, FL 34787

Name _____

Gender: Male Female Age _____

Phone Number (_____) _____

Address _____

City _____ State _____ Zip _____

E-mail _____

Which Camp will you be attending? _____

Please make checks payable to: A. Christensen

Permission Slip/Medical Release

I hereby grant permission for my child, _____
to attend the Tom Shaw Speed, Agility, and Quickness camp. I verify
that my child has had a physical exam in the past year and is capable
of participation in the activities related to this camp. I agree to
indemnify, hold harmless and defend Tom Shaw Strength, Speed,
Agility, and Quickness camp from any and all liability for injury to my
child, as well as injury or damage caused by my child. Should
medical treatment be necessary, I hereby authorize any physician or
trainer selected by the camp personnel to order and conduct any
medical exam or surgical procedure necessary.

Parent or Guardian

Date

Emergency Telephone Number (_____) _____

TOM SHAW

*SPEED AND CONDITIONING COACH FOR THE
THREE TIME WORLD CHAMPION NEW ENGLAND
PATRIOTS*

SPEED AGILITY & QUICKNESS CLINIC

ALL SPORTS WELCOME!

CAMP I: JUNE 23, 24 & 25

CAMP II: JULY 7, 8 & 9

LOCATED AT

DISNEY'S WIDE WORLD OF SPORTS

ORLANDO, FLORIDA

Tom Shaw's Speed, Agility, and Quickness program is offered to any athlete with the desire to improve their linear, lateral and vertical movements. One of the most obvious assets for all athletes in a specialized sport is the ability to run or move fast. Running is a learned skill just like throwing, catching, kicking, hitting, or shooting a ball. Since running is a learned skill, it can be practiced and improved. If you want to get more out of your game, no matter what the game is, our program is for you!

- Coach Shaw is recognized as one of the BEST in the field of Speed and Conditioning. Tom has used his expertise in Athletic Performance to work over 100 first round NFL draft picks in the past 12 years.
- The program is designed to develop athletic excellence in professional, collegiate, high school, or junior high school athletes.
- Coach Shaw and his staff are SPEED consultants for hundreds of current NFL athletes and many other professional teams.

*"THE BEST MONEY you can spend, the bottom line I improved 2 tenths of a second, gained 10 pounds of muscle and got drafted higher than expected. I'm very pleased with Coach Tom Shaw and his program."
Calvin Johnson— 2nd pick Detroit Lions 2007*

Professional athletes who have benefited from Coach Tom Shaw's Training:

Tom Brady, Peyton Manning, Donovan McNabb, Devin Hester, James Farrior, Channing Crowder, Warrick Dunn, Derrick Brooks, Greg Jennings, Darren Sharper, Reggie Bush, Deion Sanders, Calvin Johnson, and many more!!

CAMP I

**JUNE 23, 24 & 25
8:30 AM – 11:30 AM**

CAMP II

**JULY 7, 8, & 9
8:30 AM – 11:30 AM**

CAMP FEE \$185.00

**LOCATED AT
DISNEY'S WIDE WORLD of SPORTS
TRACK AND FIELD
700 S. VICTORY WAY
KISSIMMEE, FL 34747**

**BRING SHORTS, CLEATS, TENNIS SHOES,
WATER BOTTLE AND TOWEL**

FOR INFORMATION CONTACT

Alexandra (541) 543-1311

**ALL ATHLETES WELCOME!
BOYS AND GIRLS**